Port Broughton Kindergarten

Sunsmart Policy

We recognise the fact that exposure to harmful ultra-violet rays can cause deadly skin cancers and that young children are particularly at risk. The purpose of this policy is to ensure that all children and adults are protected, as much as possible, from skin damage caused by sun exposure.

**DURING ALL TERMS...**

- Children will wear **broad-brimmed or legionnaires style hats** whenever they are playing or doing activities outside if the UV rating is 3 or above. Caps are not acceptable as they do not protect the sides of the face, ears or necks.
- On hot days children will be encouraged to play in the shade.
- Outdoor activities will, where possible, be held in shady areas.
- Children who do not have their hat at Kindy will need to play inside or under the verandah.

**Parents and Caregivers will:**

- Provide a named hat every day with a broad brim in either broad-brimmed or legionsnaire style hat is best. This hat can be left at Kindergarten in their named locker. Hats in an approved style are available for purchase at the Kindy.
- Clothe their children in protective/appropriate clothing - shirts and tops with collars and sleeves are best.
- Apply SPF 30+ Broad Spectrum water resistant sunscreen to their children before coming to Kindergarten.
- Be a good role model for the children and wear hats, sunscreen and protective clothing themselves.
- Inform staff of any allergies their child may have to sunscreen.

**Staff and volunteers at Kindergarten will:**

- Be a good role model for the children and wear hats, sunscreen and appropriate clothing for outdoor activities.
- Ensure children wear their broad-brimmed or legionnaires style hats and play in shady areas.
- Re-direct children inside if they don’t have their broad-brimmed or legionnaires style hat at Kindy.
- Help children re-apply their sunscreen 15-20 minutes before going outside, if playing outside for an extended period of time or if involved in water activities.
- Keep a supply of SPF 30+ Broad spectrum, water resistant, Cancer Council Approved sunscreen at the centre.
- Set up equipment in shady areas and move throughout the day if necessary.
- Reschedule outdoor activities to avoid peak ultra-violet radiation times.

Issue Number: 4  Issue Date: 9th May 2012  Review Date: 9th May 2014

Signed: ___________________________  ___________________________
Chairperson - Governing Council (Suzanne Kerley)  Director - Port Broughton Kindergarten (Simone Shevchenko)